

# 2012 High School Girls Soccer

# PERFORMANCE CAMP

THE DIFFERENCE BETWEEN MAKING THE TEAM...OR GETTING IN THE GAME  
...POSSESSING THE BALL...OR BEING SCORED ON... LEADING OTHERS...OR  
FOLLOWING ANOTHER'S LEAD... WINNING...OR LOSING



## Camp Staff

**Drew Crawford, Chris Cesa  
Nick Walker, James Chambers,  
Alex McDonald, Brad Dietrich,  
& Jason Mathenia**



*In preparation for the upcoming High School Girls soccer season, BFC Soccer Club has put together a preseason performance camp focusing on Strength, Speed, Agility, Cardiovascular and Core-Conditioning with a highly skilled training staff to give you the edge you need going into your 2012 High School season. Accept the challenge and take your game to the next level!*

## 9 Session Program

TIMES: 4 – 5:15pm All Sessions at the Family Sportsplex  
SESSION DATES: February 6<sup>th</sup>, 8<sup>th</sup>, 10<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>, 22<sup>nd</sup> & 24<sup>th</sup>

*Let PERFORMANCE CAMP prepare you to master your Spring soccer season.*

**COST \$120 (FOR ALL SESSIONS)**

Name \_\_\_\_\_ Home Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Age \_\_\_\_\_ Birthdate \_\_\_\_\_  
E-mail Address \_\_\_\_\_ (Required)  
Payment:  Cash  Check  Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

### **Make Checks Payable: BFC Soccer Club**

The undersigned hereby agrees to indemnify and hold harmless the Family Sportsplex; Belle-Clair Soccer League; BFC Soccer Club of Belleville, IL. from any liability for any loss, damage, or injuries incurred by the undersigned or by a minor child of the undersigned as a result of the use by the undersigned or by any minor child of the undersigned of any facilities, programs, or activities owned, maintained or supervised by agents or employees of the Family Sportsplex; Belle-Clair Soccer League; BFC Soccer Club of Belleville, Illinois. EACH PLAYER, COACH, AND MANAGER MUST COMPLETE HIS OR HER PORTION OF THE OFFICIAL ENTRY FORM. Please PRINT complete information in the space below and have each player sign his or her name. In signing below I verify to play on the mentioned team that in consideration of your accepting this entry, I intend to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights I may have against the Family Sportsplex; Belle-Clair; BFC Soccer Club of Belleville, Illinois and its representatives for any and all injuries suffered by me at the games, including, but not limited to negligence of the Family Sportsplex; Belle-Clair Soccer League; BFC Soccer Club of Belleville, Illinois. I understand and have read the facts and information for the league and hereby agree to abide by them.

Parents Signature \_\_\_\_\_

**Send applications to: BFC Soccer Club • 2346 Mascoutah Ave. • Belleville, IL 62220**

**FOR MORE INFO: (618)410-3562 or visit or web-site [www.bfcsoccer.org](http://www.bfcsoccer.org)**

For Office Use Only: Invoice \_\_\_\_\_ Deposit \_\_\_\_\_ Balance \_\_\_\_\_